



# Annual Report

## July 2013 - June 2014

### North Shore Community Health Network

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MA PANGO MA WHERE KA TUITUI TATOU  
**Raeburn House**  
CONNECTING PEOPLE – BUILDING COMMUNITIES

“Ma Pango Ma Whero Ka Tuitui Tatou”

# Connecting People - Building Communities

## Acknowledgements

Raeburn House would like to express its gratitude to the following organisations for their generous support:



David Levene Foundation | Christine Taylor Foundation | Becroft Foundation | Louisa & Patrick Emmett Murphy  
Adult Community Education (ACE) Aotearoa | Jubilee Trust | Tindall Foundation

### Auckland Council Local Boards

Kaipaitiki | Devonport/Takapuna | Hibiscus and Bays | Upper Harbour

To all those individuals and organisations too numerous to name who have supported Raeburn House during the year, **thank you**.

With special thanks also to our Honorary Solicitor Clive Bennett, our Accountant Judith Batt and our Auditor Hayes Knight



## OUR VISION

Wellbeing: Healthy People -  
Connected Communities in Tamaki  
Makaurau / Auckland



## OUR MISSION

Connecting People -  
Building the Wellbeing of Communities



## OUR VALUES

Manaakitanga | Honouring  
Diversity | Innovation | Integrity |  
Communication



## OUR STRATEGIC GOALS

### **Innovative Leadership**

Raeburn House will provide visionary leadership to support development of communities

### **Community Engagement and Participation**

Raeburn House will respond and align services to identified diverse communities' needs

### **Strategic Relationships**

Raeburn House will develop and maintain positive relationships with key stakeholders

### **Social Enterprise**

Raeburn House will research and develop social enterprise initiatives to ensure sustainability of the organisation

### **Ways to Wellbeing**

Raeburn House will promote the use of "Ways to Wellbeing" as guiding principles within diverse communities

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# Introduction

Raeburn House is a leading community wellbeing/community development organisation in Auckland North. Raeburn House demonstrates that by working alongside people and communities the social fabric of communities is strengthened.

Research and literature findings indicate that when communities are well informed, have access to information, resources and support, and are engaged in identifying their own health needs and solutions - then the well-being of populations and the health outcomes in those communities is greatly improved (World Health Organisation).

Raeburn House offers six services which work across three core areas:

-  Community wellbeing
-  Mental wellbeing
-  Diversity and social cohesion



# RAEBURN HOUSE TEAM 2013-14



**Chief Executive**  
Carol Ryan



**Accounts/I.T Systems  
Co-ordinator**  
Anthea Evans



**Migrant Services  
Project Leader**  
Sarb Lester



**Community Resource  
& Volunteer Centre  
Co-ordinator**  
Amberlee Wharton



**Programmes  
Co-ordinator**  
Kimberly Lamb



**Strengthening  
Families Co-ordinator**  
Sandra Hill



**Community Support  
Administrator**  
Miriama Aoake



**Accounts Office  
Support Assistant**  
Xiaoying Zhang



**Settlement Support  
Advisor / Project  
Co-ordinator**  
Delaram Khezri



**Settlement Support  
Co-ordinator**  
Cheng Goh



**IT Support  
Administrator**  
Venkat Sai Gonugunta



**Graphic Designer**  
Elson Ong



**Settlement Support  
Advisor**  
Dawn Te Kani



**Graphic Designer**  
Lucy Hawkins



**Community  
Networker / Pacific  
Navigator**  
Eileen Iripa-Vainikolo



**Contractor: Director,  
The Whiteboard  
Project**  
Sally Clarkson



**Settling-In  
Co-ordinator**  
Marian Park

Helen Cheng  
Irene Siew  
Luan Ong  
Lydia Deng  
Miranda Yap  
Nancy See

## Facilitators

Gudrun Frerichs  
Alene McCollam  
Steve de Quincey  
Ojasvin Davis  
Iris Hausermenn-  
Davis  
Jo Larsen-Harris  
Aimi Tipton  
Moira Josais  
Dawn Te Kani

Karen Venter  
Sue Beresford  
Carol Ryan  
Sally Clarkson  
Eileen Iripa-  
Vainikolo  
Miriama Aoake  
Maria Thorndyke

## Clinical Supervisor

Dr Ruth Jillings

## Patrons

Dr Max Abbott  
Cheryl Hamilton  
Assoc. Prof. John  
Raeburn

## Accountant

Judith Batt

## Auditor

Hayes Knight

## Honorary Solicitor

Clive Bennett

## Honorary Life Members

Glennys Adams  
Jen Green  
Cheryl Hamilton  
Shirely Prouse

## Contractors

Sally Clarkson  
Lucy Hawkins

## Volunteers

Joy Lee  
Sue Kim  
Noeline Van Es  
Nemie Kays  
Maria Campeanu  
Dante Waipouri  
Hadi Soufi  
Carol Marianne

Maya Park  
Jenny Kim  
Venkat Sai  
Birgid Furness  
Janice McLean  
Nichola Williams  
Deborah Bell  
Elaine Zhang  
Emmy Mei

# BOARD MEMBERS

## Chairperson

### Sue Beresford

Sue is a Registered Psychotherapist who has been working in both the mental health sector and private practice for the past 20 years. During this time, she has specialised in the areas of mental health diagnoses, dissociation and trauma. Her passion is working with people from teenagers through to older adults and facilitating their ability to reach some of their dreams. Sue has trained in a wide range of modalities including CBT, DBT, NLP, Psychodynamic, Trauma models, Gestalt and Multi-modal therapy. As well as providing counselling and therapy she provides supervision, training and consultation. Sue is also on the steering group Shared Vision North Harbour and the regional steering group of Shared Vision.

## Treasurer

### Maurice Murphy

Maurice has had an extensive career in the banking industry spanning New Zealand, Singapore and Australia the latter being in Private Banking. As Maurice has spent part of his career in Asia he has a particular interest in working with other cultures from this region. His interests include road cycling, reading and travel.

## Hillary Bennett

Hillary is a registered psychologist and director of Leading Safety and of the Resiliency Centre. She works alongside organisations to develop healthy and safe workplaces, to improve the wellbeing of all employees.

## Judy He

Judy came to New Zealand from Beijing China in 1997. As a retired senior engineer she came to New Zealand to be with her family as her daughter was working in Auckland. Judy has been working voluntarily for the Chinese community on the North Shore and Auckland for more than 10 years. Judy is currently the chairperson of the New Zealand Rights and Policy Concern Inc, coordinator of North Shore Chinese Community Network and board member of Age Concern North Shore. Judy has a passion for working with Migrants and older people.

## Jannie Allen

Jannie Allen is employed as a career consultant with careers NZ. Her special interest is cross cultural communication and she has been working with migrants for the past 10 years. Prior to working in the careers field she taught secondary school art and was a social worker with Auckland Hospital extramural services. She graduated from the University of Auckland with a BA/LLB and has a Post Graduate Diploma in Teaching.

## Kerryana Watkins

Kerryana Watkins is employed with Te Puna Hauora O Te Raki Paewhenua as a Community Service Worker. Over the last 12 years she has worked extensively in the field of Trauma and Violence and has a passion for Whanau ora.

# CHAIRPERSON'S REPORT

Sue Beresford  
Chairperson



*“Raeburn House continues to reflect on the services it provides and how they meet community needs for now and the future”*

The health of any community is only as good as the wellbeing of each person within that community. For over 25 years Raeburn House has been focussed on contributing in a diverse number of ways to people living in the Waitemata area and it has been my pleasure to be Chair of the Board for the past year.

Communities never remain static with changes in cultural diversity, socio-economic situations, age, community dynamics and fluctuating degrees of vulnerability. A key element in defining an effective organisation is how well it responds to changes while at the same time meeting the needs of the people and community it serves. This year our Chief Executive, Carol Ryan, has again skillfully and effectively risen to the challenge of placing individual and community needs as the priority while at the same time managing the ongoing tight financial climate which occurs for community organisations.

In 2014 the Board has seen a continuation of some of the core activities continue including the excellent work done with Settlement Services, Strengthening Families, Te Punanga Haumaru Anti Ethnic Bullying, Shared Vision forums for both community and services users as well as the very successful Directory of Support Services which is online and available in hardcopy. The Building Resilience programme has seen a variety of groups provide effective support and skills to individuals with reported improvements in their mental wellbeing.

As well as providing support for individuals to increase their capabilities and resilience, Raeburn House offers services to those working in the field. The Results Based Accountability programme has been employed by many community organisations and the Community Skills courses is proving effective in upskilling staff with the work they do. Raeburn House continues to reflect on the services it provides and how they meet community needs for now and the future.

Collaboration is an integral part of working within the community and the Board thank Carol Ryan for her active involvement at a strategic level in mental health and community locally and within the wider Auckland area. As you will see from the financial statements, 2014 has been a fiscally tight year for Raeburn House. The Board would like to acknowledge Carol's management not only of the budget but also of a dynamic team who have met the challenges of structural and role changes. The strong and professional team are all dedicated to Raeburn House's commitment to mental health and community and greatly valued by the Board.

I would like to acknowledge my fellow Board members who provide their time and expertise to the organisation. This year Maurice Murphy joined the Board and his expertise in finance as well as his enthusiasm for community has been a valuable addition to the Board. The shared commitment to others and integrity, transparency and accountability are the overriding goals of our Board. However we would not be a viable organisation without the financial input of our various funders for which we say thank you.

As we move forward Raeburn House will continue to provide the best services it can keeping in mind its core values relating to improving the wellbeing for all in the community.

Sue Beresford  
Chairperson

# CHIEF EXECUTIVE'S REPORT



Carol Ryan  
Chief Executive

*“Our vision is about honouring people and communities, celebrating their richness and diversity, while walking alongside them”*

**Raeburn House has much to celebrate: since its inception in the late 1970s to its incorporation in 1984 the heart, the mind and the work of Raeburn House has stayed true to its vision “Wellbeing: Healthy People — Connected Inclusive Communities in Tamaki Makaurau / Auckland”**

Our vision is about honouring people and communities, celebrating their richness and diversity, while walking alongside them - supporting, mentoring and resourcing to enhance their capability and capacity, creating community roadmaps (which include the treasures and the assets), sharing new models of thinking, and building a holistic vision of health and wellbeing.

It has been a privilege and a pleasure to work alongside communities, in collaboration with multiple partners in contributing to the local and regional development of Auckland through the creation of multi-layered equitable access points, structures that facilitate connectedness, and a sense of belonging, health and wellbeing. Big heartfelt thanks to all our partners, with a special acknowledgement to Jill Nerheny and the wonderful team at the Kaipatiki Community Facilities Trust, Rob Warriner and the team at WALSH Trust, and our partners in the Auckland Diversity Alliance Network (ADAN).

Essential to our work is the recognition that we are interdependent and that to be effective it is crucial that we work collaboratively with diverse peoples, communities, organisations and statutory agencies, the social profit sector, as well as the health and business sectors.

I would like to applaud our funders who have understood the depth and breath of our work and continued to support us. Special thanks to Waitemata DHB Mental Health Services, Ministry of Social Development, Ministry of Business, Innovation and Employment – Settlement Division, Auckland Council, the Auckland North Local Boards, ASB Community Trust, Lottery Community and many others.

The past few years have seen continuous change across communities and this in itself can create uncertainty. However the critical buffer in balancing change with stability is clear vision/purpose, an adaptive flexible approach to sectoral changes and the belief that people and communities can effect positive change no matter the challenges.

In writing this report I reflect on the magnitude of the amazing outcomes achieved with our communities and our collaborative partners over the past year. Four successes in particular I would like to highlight

- ✿ The “Community Volunteer Centre” opened its door in early September 2013
- ✿ Launch of the 20th edition of the Directory of Support Services”(with approximately 200 attending on the day) – August 2013
- ✿ Minister Paula Bennett (Minister of Social Development) launched the Resilient Community Toolkits – February 2014
- ✿ The successful symposium “In the Now” based on the Five Ways to Wellbeing (Give, Connect, Keep Learning, Take Notice and Keep Active) – June 2014

The achievements of the past year are testament to the dedication and passion of the wonderful Raeburn House team –Anthea Evans, Amberlee Wharton, Sarb Lester, Cheng Goh Kimberly Lamb, Sandra Hill, Eileen Iripa-Vainikolo, Marian Park, Delaram Khezri, Miriama Aoake, Xiaoying Zhang, Dawn Te Kani, Elson Ong and principal contractor Sally Clarkson, who throughout the year have consistently held fast to ensuring effective community development strategies and high quality services are delivered

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*“Everyone wins in an environment that doesn’t squelch creativity and eagerness and fosters interdependence”*

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to Auckland North and the wider Auckland Community. I would like to thank each and every member of our dynamic team, each of whom bring unique qualities and talents to the table.

Raeburn House is very fortunate to have a highly skilled Board that has provided governance expertise and guidance – thank you. This Board has been led by Sue Beresford and I have very much appreciated her support and commitment to Raeburn House that has seen the organisation move forward this year.

To our Kaumatua – John Marsden, Clinical Supervisor – Ruth Jillings, superb Staff, Facilitators and Volunteers, it is a privilege to work with you and thank you for your support and commitment to the work of Raeburn House.

Looking forward - reflective thinking and heightened self awareness are powerful progression tools to make a real difference – taking the time to identify trends, hear what ripples are occurring across communities – yet here I hit the pause button. Do we?

Often in community development we become too busy in meeting the demand and not enough value placed on time given to innovative thinking and development to be effective in such a changing world.

In Japan, when developing new products /programmes, they spend 40% on the creation (the generative thinking), 40% on development and 20% on delivery.

When we look overseas, we see that on many fronts we are well behind - perhaps due to the small population and our place in the world. However on the plus side these very same factors can be used to affect change at a speed that other countries can not. Take for instance overseas the anti-nuclear peace movement in the 1960s, 1970s was well ahead and mature as a mobilised force, yet it was in the twinkle of an eye, led by communities, that Aotearoa New Zealand put a line in the sand (making international impact) and became a nuclear free nation!

As a small country we can pivot and advance with incredible agility and speed - I think it is time. Time to put wellbeing at the heart of everything we do. Lets start with the community sector and look at our organisations’ code of practice, how we as employers and employees operate. Employment is where much of the population spend the majority of their life hours on this planet and it certainly has a significant impact on the mental wellbeing of populations.

Everyone wins in an environment that doesn’t squelch creativity and eagerness and fosters interdependence – that whole dichotomy of self responsibility and working/living collaboratively – is the key to thriving communities. To do this, we have to trust, share decision-making, foster self-responsibility at every level of society (achieved by provision of guidance, mentoring and support) which in turn fosters leaderful qualities in every citizen and a sense of belonging.



Carol Ryan  
Chief Executive

# COMMUNITY DEVELOPMENT

Working together inclusively and collaboratively to generate solutions and opportunities for communities.



At Raeburn House improving the wellbeing of communities is at the heart of all that we do. The principle of inclusive community development, which places the wellbeing of people at the centre of all activities, underpins and overarches each of the six services we provide.

The Community Development Service operates on the scallop principle that any community issue can best be solved by input from all affected people, families, and groups and that all sectors (health, social, education, business), have valuable insight to contribute towards successful outcomes for all.

Raeburn House's vision: Healthy People — Connected Communities in Tamaki Makaurau / Auckland, is closely aligned to the five action areas defined by the Ottawa Charter:



- 🌸 Building Healthy Public Policy
- 🌸 Developing Personal Skills
- 🌸 Strengthening Community Action
- 🌸 Reorienting Health Services
- 🌸 Creating Supportive Environments



Throughout the 2013/14 year, Raeburn House has been committed to hearing the voices of our diverse communities on the ground and carrying forward their views, their hopes and their dreams into strategic development with our community and statutory partners.

As a community owned and driven organisation, Raeburn House believes in the importance of participatory democracy and actively encourages members of the Auckland North community to engage with Local and National governing bodies. For our part, over the past year Raeburn House has made five written submissions and presented five deputations to Auckland Council Local Boards' including, Kaipatiki, Devonport-Takapuna, Upper Harbour, Hibiscus Coast and Bays, and Rodney.

In late 2013, Raeburn House adopted the Mental Health Foundation's 5 Ways to Wellbeing. All programmes of action are designed and delivered to contribute to enhanced wellbeing under the five evidence-based action areas to improve individual and collective wellbeing in everyday life.



Anti Ethnic Bullying Project Youth Focus

Over the past year, we have been privileged to work collaboratively on a number of exciting projects and events including:

- 🌸 "In the Now" a one-day community symposium with a focus on the Five Ways to Wellbeing
- 🌸 The continued development of the Norman King Community Hub in Northcote
- 🌸 Auckland 101 – a welcoming introductory workshop for newcomers to Auckland
- 🌸 Coordinating Shared Vision North Harbour– Promoting Mental Wellbeing in Our Community
- 🌸 Continued membership and involvement in the Auckland Diversity Alliance Network
- 🌸 Te Punanga Haumarua: Anti Ethnic Bullying Project (Youth Focus)
- 🌸 Capability Investment Resource (CIR) Mentoring
- 🌸 Results Based Accountability Training and Mentoring

Raeburn House is committed to creating and maintaining community conditions that allow all people to thrive. We look forward to the year ahead as we continue to work together towards the shared goal of connected, inclusive communities in Tamaki Makaurau/Auckland.

*“Improving the wellbeing of communities is at the heart of all we do”*

# DIFFERENCE MADE: STRONG, INCLUSIVE COMMUNITIES

## Te Punanga Haumarū Anti Ethnic Bullying – Youth Focus



Te Punanga Haumarū  
Strong families and communities where kids thrive

Raeburn House was successful in being granted a year's funding from the Ministry of Social Development for this initiative which was developed through listening to our newcomer communities and their experiences of ethnic bullying. This encompassed defining bullying within a New Zealand societal context and the development of an understanding of what constitutes bullying.

The governmental goals of Te Punanga Haumarū are:

- Support whānau and community led action that encourages positive behaviour, and reduces bullying of children and young people
- Build ownership and commitment at a local level to changing attitudes and behaviours in our communities
- Increase knowledge and understanding of the impact of bullying
- Provide tools and strategies to support effective community action.

The initial project was for 4 major ethnicities on the North Shore – Korean, Chinese, South African and Middle Eastern and was carried out under the principles of youth-led development. To ensure a legacy beyond the funding, the Kaipatiki Youth Local Board have been appointed the caretakers moving forward.



Kaipatiki  
Youth  
Local  
Board

## Capability Investment Resource (CIR) Mentoring



MINISTRY OF SOCIAL  
DEVELOPMENT  
TE MANATU WHAKAHIAO ORA

Raeburn House is a registered provider with the Ministry of Social Development to provide mentoring to groups under Investing in Services for Outcomes.

As Capability Mentors, Raeburn House works alongside MSD-funded organisations receiving support from the Capability Investment Resource to develop the organisational capabilities characteristic of a strong, adaptable and integrated social sector. To date, Raeburn House has been selected by eight individual organisations and two Collective Impact Hubs of five and six organisations.

We look forward to continuing this work through to its final round of funding in early 2015.



Sally Clarkson  
Contractor, Mentor and Trainer  
Director of the White Board Project



Carol Ryan & Kaumatua John Marsden

## Results Based Accountability Training and Mentoring

Results Based Accountability™ (RBA) is a simple, common sense framework for organisations to keep the focus on the results/outcomes of their work with communities, whānau, families and clients.

Raeburn House has been delivering Results Based Accountability 101 training for approximately 18 months and is still filling training sessions. Over the last eight months Raeburn House has also been delivering RBA integrated into another training - Asset Based Community Development (ABCD) + Collective Impact (CI) + Results Based Accountability (RBA) = Well-formed outcomes. This has been highly successful, as it contextualises the 'why use RBA' concept for organisations.



At present Raeburn House is designing the next layer of training to roll out over the next 12 months and has secured additional funding from the Ministry of Social Development to design and deliver this next phase. The next iteration will target more in depth learning of RBA practices, and how to transfer those learnings into every strata of the organisation; be it at board level, the development of a strategic plan, or accountability reporting.

We look forward to the continuance of our shared learning journey with others.

# RESOURCE & INFORMATION

**Provides community and mental wellbeing information to support individuals, families and communities to achieve wellness.**



Miriama Aoake

The Raeburn House Resource and Information Service is a valued community asset that works alongside members of the Auckland North community to provide information and support about wellbeing at an inclusive community level.

This confidential and judgement-free service recognises that at some point most people encounter a personal, family, or life situation that challenges their sense of wellbeing. So when 'life happens' our commitment to the Auckland North community is to inform, resource and connect people to relevant support in their local community.

The Raeburn House team believes that all individuals, families and communities possess an intrinsic resilience and that with the appropriate information and support all people can access personal and community strengths to move through challenging situations.

The 2013-14 year has been a dynamic and productive period for the Resource and Information service, we have been privileged to work alongside a diverse cross section of the population to improve individual, family, and community wellbeing.



Eileen Iripa-Vainikolo & Amberlee Wharton

## Highlights include:

- ✿ Publication of the 20th edition of the Directory of Support Services, Including the Migrant and Refugee Directory
- ✿ A vibrant Directory Launch party with 206 people from 60 organisations, agencies and services joining us to celebrate the latest edition.
- ✿ 345 support pathways provided to individuals experiencing anger, anxiety, depression, low self-esteem, relationship issues and stress.
- ✿ 118 support pathways provided to parents and at-risk youth
- ✿ Continued development and strengthening of effective information database systems
- ✿ Continued commitment to inclusive, accessible service provision with 26 ethnicities supported and no-cost/low-cost options prioritised in referral process.

The Resource and Information team are passionate about community wellbeing and are grateful for the opportunity to serve the people of the Auckland North region. We look towards the coming year with enthusiasm, optimism and a 100% commitment to continue to meet the needs of our diverse, vibrant communities.



*“All individuals, families and communities possess an intrinsic resilience”*

The Resource and Information team welcomed Miriama Aoake into the role of Community Support Administrator in February 2014, with Kimberly Lamb moving into her new role as the Raeburn House Programmes Coordinator. The service continued to be led by Amberlee Wharton with Eileen Iripa-Vainikolo providing ongoing support. Service provision was further enhanced by our wonderful pool of talented volunteers.



Connecting with Communities

# DIFFERENCE MADE: INFORMED, CONNECTED COMMUNITIES



## Directory Feedback

*“It is the most comprehensive directory of its kind”*

*“It is our most used referral tool”*

How would you rate the usefulness of the Directory?



**90%**  
very /  
useful

## Success Story

Thomas, a kiwi living in Sweden, returned home for a brief visit, however, his vacation unexpectedly turned into a three-month stay after his elderly father encountered a number of serious health problems.

Thomas was experiencing a high level of stress about having to return to Sweden and was desperate to find the right support for his father. Thomas' problem was that as he had been away for a long period of time, he was completely unaware of the support services that were available to his father.

In Thomas' own words, the best decision he made was to contact Raeburn House who played a pivotal role in assisting him to identify the appropriate support pathway, using the Directory of Support Services as a reference tool.

Thomas expressed his sincere appreciation of the Resource & Information team for alleviating his anxiety around the situation and for ensuring that his father had access to the relevant support agencies to provide the essential care he would need in Thomas's absence.

## Directories Distributed



# BUILDING RESILIENCE: COURSES, GROUPS AND WORKSHOPS

Community-based education with a focus on enhancing wellbeing and improving capability to affect positive change for individuals, families, and groups.



Kimberly Lamb  
Programmes  
Co-ordinator

The Building Resilience service places community wellbeing at the heart of all service delivery. Each programme is developed in response to community need: first Raeburn House listens carefully to the issues and challenges identified by the Auckland North community and then develops a responsive, high quality programme. Each course/workshop is designed to increase inner resilience, develop personal skills, and improve individual capacity to make healthy choices.

The Building Resilience programme is open to all people from every cultural and socio-economic background. Most participants register for courses on their own volition, however we also accept referrals from GPs, counsellors/therapists and a broad range of healthcare professionals who recognise the valuable health gains that can be made through our community-based Building Resilience Programme.

*“Raeburn House is passionately committed to ensuring that our communities receive the very best opportunities for personal growth.”*

The 2013-14 year has been an exciting period for the Building Resilience programme, with a focus on maintaining a high quality service while remaining relevant and accessible to all members of the community. Throughout the year, Raeburn House has been passionately committed to ensuring that our communities receive the very best opportunities for personal growth.

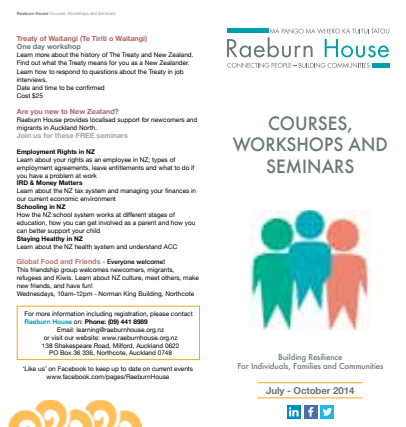
## Highlights:

- ✿ Increased participation in mental wellbeing courses including: Mindfulness, Moving Past Depression and Anxiety, Building Self-Esteem and Confidence, and Managing Anger and Stress.
- ✿ 90% of course participants reported that the Building Resilience programme made a positive difference in their daily lives
- ✿ 720 participants across all groups, workshops and seminars
- ✿ The highly successful launch of the Community Workers and Community Leaders Toolkits in February 2014 (see Training report for more details).



Gudrun Frerichs  
Facilitator

Dr Ruth Jillings  
Clinical Supervisor



The Building Resilience service welcomed Kimberly Lamb as the new Programmes Coordinator in January 2014, and with administrative support from Miriama Aoake and Eileen Iripa Vainikolo the Building Resilience team brings a commitment to listening to the diverse voices of community and to providing an inclusive, high quality service for all. We are grateful to our talented pool of highly professional, qualified facilitators, who with the support of our brilliant Clinical Supervisor Dr Ruth Jillings, deliver the Building Resilience programme at a community level.

Raeburn House would like to acknowledge and thank the Auckland North community for their participation, engagement and support; together we look forward to the coming year with a continued commitment to the provision of accessible, leading-edge, resilience building opportunities for all.

# DIFFERENCE MADE: RESILIENT COMMUNITIES

*“I now feel more rational and wise instead of emotional. I have learned how to look at things more objectively”*

*“The course was most informative and well presented. Achieved enlightenment of problems and self-awareness. Share and learnt new methods for coping with social anxiety”*

*“I sincerely believe that the tools to enhance my wellbeing were provided and the course facilitator was inspiring”*



## Course & Workshops:

- Arts Therapy
- Managing Depression and Anxiety
- Building Self Esteem and Confidence
- Managing Anger
- Communication and Relationships
- Men in Change
- Living with Chronic pain
- Meditation
- New Horizons
- Write Your Own Life Stories
- And much more.....

## Success Story

Alfred had recently encountered a number of significant life challenges and was feeling depressed and isolated as he struggled to come to terms with the changes in his employment status and living conditions. Alfred had always been an independent person and was reluctant to seek help for fear of being seen as vulnerable.

After contacting the Building Resilience team, his fears were allayed. Alfred received judgment-free support and guidance in choosing an appropriate course, and although he was experiencing financial difficulties, he was heartened to learn that the Moving Past Depression group was subsidised by the Becroft Foundation, enabling him to participate.

The Building Resilience Programme provided Alfred with the practical tools he needed to overcome depression. He also noticed that he no longer felt socially isolated as he met others who shared similar struggles and who, like him, had also taken the courageous step to address and move beyond them.

**38**  Course/Workshops

**720**  Participants

**90%**  Positive Feedback

**1532**  Phone calls

**3949**  Emails

# BUILDING RESILIENCE TRAINING

## Capacity and capability training for the not-for-profit, business, and community sectors.

In February 2014, Raeburn House launched an exciting new arm to our Building Resilience programme. The Honourable Paula Bennet and representatives from 50 community organisations joined the Raeburn House team at the launch of the Resilient Community Workers and Leaders Toolkits. These innovative professional development workshops were developed in response to an identified need within the community sector for training opportunities to support the development of a resilient community sector with a highly capable workforce.



*Dr Ruth Jillings  
Clinical Supervisor*

### The Resilient Community Worker Toolkit

The Resilient Community Worker Toolkits have been specially developed by Dr Ruth Jillings who is a registered psychologist with a private practice and is also the Raeburn House Clinical Supervisor.

Ruth completed her Ph.D in stress, coping and resiliency and has a special interest in assisting individuals to stay well while managing competing demands.

#### Workshops include:

- 🌸 Communicating with Others on Difficult Matters and in Difficult Situations
- 🌸 Caring for and Keeping Myself Safe While Caring for Others
- 🌸 Working with Diversity
- 🌸 Facilitation Skills



*Dr Hillary Bennett  
Resiliency Centre  
Director*

### The Resilient Community Leader Toolkit

These toolkits have been specifically developed for leaders in community, services, and groups by Dr Hillary Bennett.

Hillary is a registered psychologist and Director of the Resiliency Centre, which provides a broad range of psychological services to individuals and organisations throughout New Zealand. She has 30 years' experience working with organisations to develop healthy and safe workplaces.

#### Workshops include:

- 🌸 Leading and Managing Others
- 🌸 Dealing Fairly and Consistently with Others
- 🌸 Engaging and Coaching Others
- 🌸 Keeping Self and Others Safe and Healthy



*Sally Clarkson & Carol Ryan*

### Capabilty and Capacity Training

The addition of the toolkits complements the existing suite of training delivered by Raeburn House and builds on the success of the Results Based Accountability Training, including Asset Based Community Development, Collective Impact and Mentoring. These dynamic workshops, facilitated by Raeburn House's Chief Executive, Carol Ryan, and the White Board Project Director, Sally Clarkson, have continued to be in high demand throughout the year and have received excellent feedback from participants

#### Workshops Include:

- 🌸 Reults Based Accountability (RBA)
- 🌸 RBA Mentoring
- 🌸 RBA + ABCD + Collective Impact = Well formed Outcomes

# DIFFERENCE MADE: SKILLED AND RESILIENT COMMUNITY SECTOR

In the coming year, Raeburn House is committed to the continued delivery of these high quality programmes. We have been buoyed by the overwhelmingly positive response from the community sector and look forward to contributing to the strengthening of the sector in the year ahead.



*“Workshop was very useful, especially for the social work field and safety planning”*

*“Brilliant! Very important for private and professional aspects of my life”*

*“Thank you so much for your wonderful input and I hope there will be some more trainings provided by you in the future - you can put my name down for it straight away”*

*“This workshop was excellent, the material covered was exceptionally relevant to my professional development in the community sector”*

**14**  Workshops

 **158** Participants

# COMMUNITY VOLUNTEER CENTRE

Newcomers gain an increased sense of value and belonging in their new communities and achieve improved employment pathways through volunteering.



The Community Volunteer Centre (CVC) is a Raeburn House initiative specifically designed in response to high community demand from the newcomer community for support to actively volunteer in their local communities. Using volunteering as a tool, newcomers gain an increased sense of value and belonging in their new communities and achieve improved employment pathways.

The CVC also strengthens the Auckland North Community and Not-For-Profit sectors who benefit from the valuable contributions of skilled migrant volunteers and increased level of cultural diversity and inclusivity in the work place.

The CVC opened to the public in September 2013 and has been available 2 days per week, however, due to high community demand, the CVC intends to expand operations to make the service available 5 days a week and continue to build on the success of the current location in the Norman King Building in the heart of Northcote.

The CVC would like to especially acknowledge two very special volunteers, Joy Lee and Sue Kim, who have made an outstanding contribution to the development of the service. We also thank our wonderful community partners for their ongoing support and engagement over the last year, and we look forward to a vibrant year ahead.



## Volunteer Feedback

"I'm glad that I am able to do volunteer work, thank you"  
- Japan

"I can help others and share my ability and also improve my potential ability as well"  
- China

"Thank you for giving me the chance to be involved in the community"  
- Korea

"I am feeling more confident that I ever have before"  
- Romania

"Thank you for connecting me with a gratifying opportunity"  
- Malaysia

"I enjoyed meeting you, your words encouraged me to be confident to volunteer"  
- Korea

# DIFFERENCE MADE: DIVERSE, VIBRANT COMMUNITIES

## 15 Volunteer Countries of Origin



## Organisation Feedback

*“Actually I can't thank you enough for the kind help you've given to us”*  
- Hansol Cultural Centre

*“Thank you so much for your great support to our elderly program”*  
- Babylon Trust

## Success Story

Yoojin and her husband emigrated from South Korea seven years ago to make Aotearoa their home. They now have a young family and run a small business together, however, Yoojin is keen to pursue a more meaningful career that reflects her interests in the wellbeing of others and in the Culinary Arts.

Yoojin identified volunteering as an excellent way to support members of the community, while allowing her to experience different work environments. She had previously approached a healthcare organisation to offer her volunteer services, but her offer was declined and she worried that she had been rejected because English is her second language.

Yoojin was delighted to discover that the Community Volunteer Centre could support her goals. After a friendly volunteer consultation she regained confidence and within a few short days she was assisted into voluntary work in both the Culinary and the Caregiving sectors.

Yoojin reports that she is very happy in her voluntary roles and is grateful to the CVC for helping her to achieve her goal of engaging in meaningful volunteer work in the community.

**244**  
Phone calls

**427**  
Emails

**130**  
Volunteers

**24**  
Host organisations

# SETTLEMENT SUPPORT

**Aims to collaborate, connect and build on the knowledge, strengths and structures available locally to improve outcomes for new settlers.**



**SETTLEMENT SUPPORT**  
NEW ZEALAND



## These seminars include:

- ✿ Employment Rights and Human Rights
- ✿ The NZ Tax System and Budgeting
- ✿ The NZ Education (Schooling) System
- ✿ The NZ Health System and ACC

Many community groups and service providers seek advice on how to connect better with newcomers. Our team is always pleased to be invited by such groups to share information and knowledge about how our host community can understand the needs of those newcomers that they work with.

## Two local settlement network forums were also hosted:

- ✿ Employment Rights, Work and Employment Standards. This forum helped to explain basic employment rights, work conditions and general standards to be expected in a NZ workplace.
- ✿ Immigration NZ National Review of the Settlement Support Delivery Model. This forum discussed the upcoming changes to the delivery of settlement information and how it would impact on newcomers and organisations working in the settlement sector.

It has been rewarding to work alongside many wonderful individuals and organisations over the past 12 months. We value and thank each of our working partners for their continuous support over the year.

The Settlement Support service assists newcomers and their families to access information and advice which can help them to settle quickly in their new home and integrate into their local community. Throughout the 2013/2014 year, the Settlement team has been honoured to work alongside the changing diverse communities from across the Auckland North area.

The service continued to host the four core information seminars, twice a year. These aimed to provide newcomers the information they need to assist with key settlement matters.

Due to the recent changes in the national delivery of settlement information and advice made by Immigration NZ, the Settlement Support service officially came to an end in June 2014. However, we continue to welcome the changing demographics in the Auckland north area and look forward to assisting migrants through our range of activities and programmes in the coming year.

## Feedback:

*“I feel much more knowledgeable and protected after this employment rights seminar”*



**1064**  
Referrals of Clients  
to Service Providers



**55**  
Countries  
Clients from



**459**  
Client  
Enquiries



Auckland 101 participants

*“It has been rewarding to work alongside many wonderful individuals and organisations”*

# GLOBAL FOOD AND FRIENDS



**16** Sessions  
**320** Participants

EVERYONE  
WELCOME!

Global Food and Friends is a friendship group that helps to bridge the gap between newcomers and people already living in the local community. Migrants and locals have the opportunity to share their knowledge and experiences, connect socially over a varied programme, learn about each other's cultures and become better informed about services that can help them to settle.

The 2013/14 year has seen this friendship group continue to blossom and grow with a diverse group of participants enjoying a fun and varied programme, including:

- ✿ Maori Legends
- ✿ Fun with Chinese Zodiac
- ✿ Learning about New Zealand Bush Reserves
- ✿ Making Your Own Eco Bag
- ✿ Keeping Safe in New Zealand
- ✿ How the Citizens Advice Bureau Can Help You
- ✿ How to Make Korean Pancakes
- ✿ Introduction to Neighbourhood Support
- ✿ Introduction to Yoga & Meditation

Thank you to the amazing volunteers that help to bring this programme together.



# SETTLING IN

Assists migrants to find solutions to meet their own needs and maximise outcomes for newcomer communities.



Marian Park



There have been a number of key highlights for the Settling In Service over the past year (2013/2014) including:

- ✿ Working in collaboration with the Albany Community Co ordinator, Upper Harbour Youth Caucus and Flax Roots to develop the community project-Awakening Place in Albany
- ✿ Settling In delivered a Employment Rights Work Standards Workshop for the Korean community in Auckland North
- ✿ Successful collaboration with service providers and volunteer connections made.
- ✿ Running public awareness around bullying for the Korean Community Supporting Local Boards and raising awareness of Local Board Plans to the Korean community-Kaipatiki Local Board, Takapuna-Devenport Local Board and Upper Harbour Local Board
- ✿ Increasing collaboration and participation with local service providers to develop the community projects North Harbour Asian Business Community Development Project, Korea Youth Mental Wellbeing Project, Korean Parenting workshop.
- ✿ Supporting and encouraging Korean migrants' participation in registering with the Electoral Commission  
Bridging and bonding for newcomers.



**244**

Phone calls



**2186**

Emails

*“Thank you so much for sharing good information”*

- Korean Newcomer

*“Thank you for all your help and support, everyone was pleased with the opportunity to connect with the Korean community”*

- Local Board Engagement Advisor

# STRENGTHENING FAMILIES

**Strengthening Families**  
Whakapiripiri Nga Whānau

**Strengthening Families is dedicated to helping whanau and families connect with the support services and agencies they need.**



Sandra Hill

Throughout 2013/14, Raeburn House's Strengthening Families Service has been privileged to work alongside local whanau/families to help them connect with the services and agencies that they need.

The heart of Strengthening Families is about supporting the whanau/family with life's difficult challenges. The ongoing aim is to shift the focus from crisis intervention, giving whanau/families the right support when they need it, before any difficult situations get worse.

One of the key strengths of the service is that it is a voluntary process, and because of this it helps families to feel empowered in what can sometimes be difficult situations. Strengthening Families prides itself on being an inclusive service, working with a diverse range of ethnicities across a broad range of cultural groups.

Over the last 12 months, Strengthening Families, through Raeburn House has received 92 family referrals and has worked collaboratively with approximately 20 different agencies in the Auckland North region to support and strengthen families within the community.

Some of the reasons that families have sought help through the Strengthening Families process include:

- ✿ Help with budgeting
- ✿ Improving communication between families and schools
- ✿ One-on-one support/advice on parenting
- ✿ Accessing the correct support for children with hidden disabilities
- ✿ Assistance in accessing social support
- ✿ Connecting parents to one-on-one support and counselling

From July 2014, Raeburn House will hold the contract for the whole of the North Shore; it is our hope that with the contract being held by one provider, the self-referral process for families wishing to access Strengthening Families will be much easier.

## FEEDBACK:



# COMMUNITY BUSINESS HUB

Provides an affordable range of high quality administrative services that support the infrastructure of community organisations.



“*The Raeburn House team has continued to develop robust organisational systems that deliver professional, trustworthy outcomes.*”



Anthea Evans  
Accounts &  
IT System  
Co-ordinator



Xiaoying Zhang  
Accounts Support



Venkat Sai  
IT System Support

The Community Business Hub provides an affordable range of high quality 'back room' administrative services that support the infrastructure of community organisations and, most importantly, frees up valuable time to allow organisations to focus on service delivery.

Over the 2013-14 year, the Raeburn House team has continued to develop robust organisational systems that deliver professional, trustworthy outcomes both for Raeburn House and for our Community Business Hub clients. Services provided include:

- ✿ Accounting/Financial Management
- ✿ Human Resources/Personnel
- ✿ Governance - Resourcing/Supporting
- ✿ Policy Development
- ✿ Mentoring
- ✿ IT / Telcoms Planning
- ✿ Data Management
- ✿ Conference/Event Planning



The benefits of the Community Business Hub for small community organisations include:

- ✿ An increased ability to focus on service delivery
- ✿ Improved efficiencies
- ✿ Access to a wide range of support
- ✿ Increased sustainability and adaptability
- ✿ Increased ability to network
- ✿ Improved reporting and accountabilities
- ✿ Sharing of knowledge and skills.

Throughout the 2013/14 year, the Community Business Hub has benefited from the professional skill set of a dedicated team of talented specialists within Raeburn House, including project leadership by Anthea Evans, accounts/database management and support from Xiaoying Zhang, IT expertise from Venkat Sai, and specialised mentoring/policy development from Raeburn House Chief Executive, Carol Ryan, and contractor Sally Clarkson of the White Board Project.

The Community Business Hub has established a strong foundation to offer services to the wider not-for-profit sector and looks forward to serving the community effectively, efficiently and professionally in the year to ahead.



## INDEPENDENT AUDITOR'S REPORT

### TO THE MEMBERS OF NORTH SHORE COMMUNITY HEALTH NETWORK INCORPORATED (TRADING AS RAEBURN HOUSE)

We have audited the financial statements of North Shore Community Health Network Incorporated (trading as Raeburn House) on pages 3 to 9 which comprise the statement of financial position as at 30 June 2014, and the statement of financial performance and the statement of movements in equity for the year then ended, and a summary of significant accounting policies and other explanatory information.

#### Boards' Responsibility for the Financial Statements

The board are responsible for the preparation and fair presentation of these financial statements in accordance with generally accepted accounting practice in New Zealand and for such internal control as the board determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing (New Zealand).

Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Other than in our capacity as auditor we have no relationship with, or interests in, North Shore Community Health Network Incorporated (trading as Raeburn House).

Hayes Knight Audit NZ  
Chartered Accountants

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Newmarket  
Auckland 1023  
New Zealand

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W [hayesknight.co.nz](http://hayesknight.co.nz)



AN INDEPENDENT MEMBER OF MORISON INTERNATIONAL AND THE HAYES KNIGHT GROUP

## Opinion

In our opinion, the financial statements on pages 3 to 9 present fairly, in all material respects, the financial position of North Shore Community Health Network Incorporated (trading as Raeburn House) as at 30 June 2014, and its financial performance for the year then ended in accordance with generally accepted accounting practice in New Zealand.

Hayes Knight Audit  
NZ

HAYES KNIGHT AUDIT NZ

AUCKLAND, NEW ZEALAND

26 August 2014



**North Shore Community Health Network Inc.**  
(operating as Raeburn House)

**Statement of Financial Position**

**As at 30 June 2014**

	NOTES	2014 \$	2013 \$
<b>Current Assets</b>			
Cash and Investments		212,987	232,256
Investments - Accommodation Account		66,484	63,820
Receivables and prepayments		7,599	46,934
		<u>287,070</u>	<u>343,010</u>
<b>Current Liabilities</b>			
Payables		24,294	36,063
GST Payable		3,202	5,236
Receipts in Advance	5	55,387	102,897
		<u>82,883</u>	<u>144,196</u>
<b>Net Working Capital</b>		<u>204,187</u>	<u>198,814</u>
<b>Non-current assets</b>			
Fixed Assets	2	14,863	16,429
Intangible assets	3	8,635	10,989
		<u>23,298</u>	<u>27,418</u>
<b>Net assets</b>		<u>227,485</u>	<u>226,232</u>
<b>Total Equity</b>		<u>227,485</u>	<u>226,232</u>

**Statement of Movements in Equity**

**For the year ended 30 June 2014**

<b>EQUITY</b>		
Retained Earnings	226,232	215,411
Operating Surplus/(Deficit)	1,253	10,821
<b>Total Equity</b>	<u>227,485</u>	<u>226,232</u>

signed (Chairperson)

date



# North Shore Community Health Network Inc. (operating as Raeburn House)

## Statement of Financial Performance

For the year ended 30 June 2014

	NOTES	2014 \$	2013 \$
Waitemata DHB		168,462	229,898
Auckland Council		162,233	172,971
MSD		254,162	186,268
Grants and Donations		103,153	119,172
<b>Total Contracts, Grants and Donations</b>	<b>5</b>	<b>688,010</b>	<b>708,309</b>
Interest		12,230	12,417
Rental Income		12,642	11,322
NGO Strategic Development		23,134	4,610
Fees		15,299	12,303
Other Income		12,560	10,312
<b>Total Income</b>		<b>763,876</b>	<b>759,273</b>
Salaries		393,095	506,663
Staff Expenses		18,916	24,635
Professional Services		220,417	122,674
Audit Fee		4,000	4,000
Communications		56,113	33,695
Facilities		18,388	17,651
Rent		7,222	9,202
Depreciation and Amortisation	<b>4</b>	10,844	8,773
Loss on disposal of fixed assets	<b>2</b>	395	-
Event Costs		19,678	10,020
Other Expenses		11,554	11,139
<b>Total Expenses</b>		<b>762,622</b>	<b>748,452</b>
<b>Net Surplus/(Deficit)</b>		<b>1,253</b>	<b>10,821</b>



## North Shore Community Health Network Inc. (operating as Raeburn House)

### Notes to the Financial Statements

For the year ended 30 June 2014

#### 1 STATEMENT OF ACCOUNTING POLICIES

##### Reporting Entity

North Shore Community Health Network Incorporated is a registered society under the Incorporated Societies Act 1908 and a registered charity under the Charities Act 2005 (registered on 3/3/08, registration number CC21498).

The society has chosen to follow Generally Accepted Accounting Practice (GAAP) as defined by the Financial Reporting Standards and Statements of Standard Accounting Practice.

##### Measurement Base

The accounting principles recognised as appropriate for the measurement and reporting of earnings and financial position on a historical cost basis have been followed.

##### Specific Accounting Policies

The following specific accounting policies which materially affect the measurement of financial performance and the financial position have been applied:-

##### Differential Reporting

North Shore Community Health Network Inc. is a qualifying entity within the New Zealand Institute of Chartered Accountants differential reporting framework, as it meets the definition of a small entity and is not publicly accountable. The Board has prepared these financial statements, having regard to this reporting framework, omitting certain disclosures in accordance with the reporting exemptions available.

##### Income Recognition

Conditional grants and Government contracts received are recorded as revenue in the financial year the funds are expended. Any unspent funds at balance date are recorded as income in advance and recognised as a liability in the Statement of Financial Position. Unconditional grants and donations are recognised in the period in which they are received. Interest is accrued and recognised when earned.

##### Investments

All investments are in term deposits and are stated at cost plus accrued interest to 30 June 2014.

##### Accounts Receivable

Receivables are stated at expected realisable value.

##### Fixed Assets

Fixed assets are recorded at cost less depreciation using the straight line basis. Principal rates of depreciation are:

Computers & Printers	33%
Furniture & Equipment	10%



## North Shore Community Health Network Inc. (operating as Raeburn House)

### Notes to the Financial Statements

#### For the year ended 30 June 2014

##### *Intangible Assets*

Intangible assets are recorded at cost less amortisation using the straight line basis. Principal rates of amortisation are:

Web Design & Software	33%
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##### *Taxation*

North Shore Community Health Network Inc. is exempt from income tax by virtue of its status as a registered charity. Charity registration number CC21496.

##### *Accounts Payable*

Trade Creditors represent the amounts owed to suppliers at year end and include GST. Holiday Pay due is represented as the hours owing at the employees' rates of pay at 30 June 2014.

##### *Goods and Services Tax*

The financial statements have been prepared on a GST exclusive basis, with the exception of receivable and payables which include GST.

##### *Changes in Accounting Policies*

There have been no other significant changes in accounting policies applied during the period covered by these financial statements.

## 2 FIXED ASSETS

	COST	ACCUM DEPN	BOOK VALUE
<b>At 30 June 2014</b>			
Computers & Printers	33,666	(32,680)	986
Disposals	(883)	493	(395)
Additions	1,481	(328)	1,153
<b>TOTAL Computers &amp; Printers</b>	<b>34,259</b>	<b>(32,515)</b>	<b>1,744</b>
Furniture & Equipment	26,757	(15,367)	10,390
Additions	3,250	(720)	2,530
<b>TOTAL Furniture &amp; Equipment</b>	<b>29,007</b>	<b>(16,087)</b>	<b>12,920</b>
<b>TOTAL FIXED ASSETS</b>	<b>63,266</b>	<b>(48,602)</b>	<b>14,664</b>
<b>At 30 June 2013</b>			
Computers & Printers	33,214	(29,808)	3,406
Additions	452	(50)	402
<b>TOTAL Computers &amp; Printers</b>	<b>33,666</b>	<b>(29,858)</b>	<b>3,808</b>
Furniture & Equipment	21,832	(12,982)	8,850
Additions	3,925	(154)	3,771
<b>TOTAL Furniture &amp; Equipment</b>	<b>25,757</b>	<b>(13,136)</b>	<b>12,621</b>
<b>TOTAL FIXED ASSETS</b>	<b>59,423</b>	<b>(42,994)</b>	<b>16,429</b>



**North Shore Community Health Network Inc.**  
(operating as Raeburn House)

**Notes to the Financial Statements**

**For the year ended 30 June 2014**

**3 INTANGIBLE ASSETS**

	COST	ACCUM DEPN	BOOK VALUE
<b>At 30 June 2014</b>			
Software	2,390	(2,311)	79
<b>TOTAL Software</b>	<b>2,390</b>	<b>(2,311)</b>	<b>79</b>
Web Design	12,112	(5,716)	6,396
Additions	2,390	(230)	2,160
<b>TOTAL Web Design</b>	<b>14,502</b>	<b>(5,946)</b>	<b>8,556</b>
<b>TOTAL INTANGIBLE ASSETS</b>	<b>16,892</b>	<b>(8,257)</b>	<b>8,635</b>
<b>At 30 June 2013</b>			
Software	2,390	(1,834)	556
<b>TOTAL Software</b>	<b>2,390</b>	<b>(1,834)</b>	<b>556</b>
Web Design	-	-	-
Additions	12,112	(1,679)	10,433
<b>TOTAL Web Design</b>	<b>12,112</b>	<b>(1,679)</b>	<b>10,433</b>
<b>TOTAL INTANGIBLE ASSETS</b>	<b>14,502</b>	<b>(3,513)</b>	<b>10,989</b>

**4 DEPRECIATION AND AMORTISATION**

	2014	2013
	\$	\$
Computers & Printers	3,149	4,598
Furniture & Equipment	2,951	2,019
<b>TOTAL Depreciation</b>	<b>6,100</b>	<b>6,617</b>
Software	477	477
Web Design	4,267	1,679
<b>TOTAL Amortisation</b>	<b>4,744</b>	<b>2,156</b>
<b>TOTAL DEPRECIATION AND AMORTISATION</b>	<b>10,844</b>	<b>8,773</b>

# North Shore Community Health Network Inc. (operating as Raeburn House)

## Notes to the Financial Statements

### For the year ended 30 June 2014

#### 5 CONTRACTS, GRANTS AND DONATIONS RECEIVED

At 30 June 2014	Grants received in 2013	Receipts during 2013-14	Grants held over to 2015	Income for 2013-14
Waitemata DHB		30,343		30,343
Waitemata DHB - Direct payment of expenses		138,119		138,119
	-	168,462	-	168,462
Auckland Council	13,875	169,608	(21,260)	162,233
MSD - Settling In	9,712	55,000		64,712
MSD - Strengthening Families		54,417		54,417
MSD - Other	60,387	73,848		134,235
LMG - Strengthening Families	1,636		(838)	798
Lottery Community Grant		60,000		60,000
ACE	17,287			17,287
ASB Community Trust		38,000	(28,499)	9,501
Becroft Foundation		4,800	(4,800)	-
Christine Taylor Foundation		1,500		1,500
David Levene Foundation		4,500		4,500
Jubilee Trust		2,600		2,600
Kaipatiki Local Board		3,000		3,000
Takapuna/Devonport Local Board		2,500		2,500
Tindall Foundation		1,500		1,500
Donations		765		765
<b>Total GRANTS &amp; DONATIONS</b>	<b>102,897</b>	<b>640,500</b>	<b>(55,387)</b>	<b>688,010</b>

At 30 June 2013	Grants received in 2012	Receipts during 2012-13	Grants held over to 2014	Income for 2012-13
Waitemata DHB		31,194		31,194
Waitemata DHB - Direct payment of expenses		196,704		196,704
	-	229,898	-	229,898
Auckland Council	4,282	182,563	(13,875)	172,970
MSD - Anti-Bullying	-	88,827	(51,816)	37,011
MSD - Community Response Fund	12,500	-	-	12,500
MSD - RBA Training	-	20,000	(8,571)	11,429
MSD - Strengthening Families	-	54,417	-	54,417
MSD - Settling In	-	55,000	(9,712)	45,288
MSD - Family Support (ex CYF)	-	18,524	-	18,524
MSD - Other	1,500	5,600	-	7,100
LMG - Strengthening Families	1,695	-	(1,636)	59
Lottery Community Grant	-	50,000	-	50,000
ACE	-	17,287	(17,287)	-
ASB Community Trust	-	38,000	-	38,000
Becroft Foundation	-	4,385	-	4,385
COGS	-	8,283	-	8,283
David Levene Foundation	-	4,500	-	4,500
John Iloft Trust	-	1,000	-	1,000
L&P Emmett Murphy	-	2,910	-	2,910
Kaipatiki Local Board	-	4,000	-	4,000
Takapuna Community Board	-	2,000	-	2,000
Hibiscus and Bays Local Board	-	1,000	-	1,000
Donations	-	3,055	-	3,055
<b>Total GRANTS &amp; DONATIONS</b>	<b>19,977</b>	<b>791,229</b>	<b>(102,897)</b>	<b>708,309</b>



## North Shore Community Health Network Inc. (operating as Raeburn House)

### Notes to the Financial Statements

For the year ended 30 June 2014

#### 6 CAPITAL COMMITMENTS

There are no capital commitments at balance date (2013: Nil)

#### 7 CONTINGENT LIABILITIES

There are no contingent liabilities at balance date (2013: Nil)

#### 8 LEASE COMMITMENTS

The future non-cancellable operating lease commitments are:

1. The premises at 138 Shakespeare Road is provided rent free by the Waitemata District Health Board.
2. The Norman King Building facility is leased from the Auckland Council on a ten year lease from 1 July 2009 to 30 June 2019 at an annual rent of \$1.
3. Photocopier leased from Canon for 48 months.

##### Norman King Building Facility

	2014	2013
	\$	\$
Current	1	1
Non-current	4	5

##### Photocopiers

	2014	2013
	\$	\$
Current Portion	2,520	2,520
Term Portion	-	2,520

#### 9 GOING CONCERN

The ability to function as a going concern will be dependent on renewal of existing funding contracts, support by way of successful grant applications and ongoing revenue generating efforts by those involved with North Shore Community Health Network Inc. The governing body are confident of obtaining this ongoing support.

These financial statements have been prepared on a going concern basis and do not take account of adjustments for expenses, losses or write downs of asset values which may be required should North Shore Community Health Network Inc. not continue as a going concern.



## **North Shore Community Health Network**

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